



COMMITMENT 5
REHABILITATION



01 REHABILITATION

To develop policies for the rehabilitation of individuals back into the workplace and consider a fast-track physiotherapy approach to the management of MSDs

Musculoskeletal Disorders and Mental Wellbeing biggest challenges

Future issues : chronic ill health and disease

Challenge : supporting employees with these issues at work

Providing the right environment for employees to return to work, or avoid being absent

02 REHABILITATION

Making it work

- > Leadership – gaining advocates in the business for the process
- > Competency – Finding the right type of rehabilitation – work focused
- > Worker Involvement – Promote it with employees and safety reps so they can encourage uptake