

## Occupational Health - Useful Links & References

### Occupational Health (general)

- Energy Networks Association. Health & Wellbeing Framework  
<http://2010.energynetworks.org/occupational-health>
- Dame Carol Black Review – Health, Work & Wellbeing  
<http://www.workingforhealth.gov.uk/documents/working-for-a-healthier-tomorrow-tagged.pdf>
- Health, Work and Wellbeing: Baseline indicators report  
<http://www.dwp.gov.uk/docs/hwwb-baseline-indicators.pdf>
- IOSH OH Toolkit (COPE/IOM) [www.oh toolkit.co.uk](http://www.oh toolkit.co.uk)
- IOSH Building the Business Case for Health and Safety  
[http://www.iosh.co.uk/news\\_and\\_events/campaigns/new\\_campaign\\_life\\_savings.aspx](http://www.iosh.co.uk/news_and_events/campaigns/new_campaign_life_savings.aspx)
- Engaging for Success: Enhancing Performance through Employee Engagement  
<http://www.bis.gov.uk/files/file52215.pdf>
- Business in the Community – Healthy People = Healthy Profits  
[http://www.bitc.org.uk/resources/publications/healthy\\_people\\_.html](http://www.bitc.org.uk/resources/publications/healthy_people_.html)
- Hill et al, What works at work <http://www.employment-studies.co.uk/pdflibrary/whwe1107.pdf>
- Occupational Health Services Accreditation [www.seqohs.org](http://www.seqohs.org)
- Trade Union Congress – Occupational health: Dealing with the issues. A TUC Education workbook for union reps  
<http://www.unionlearn.org.uk/extrasUL/Education/OccupationalHealth.pdf>
- Trade Union Congress – Disability and Work: A trade union guide to the law and good practice <http://www.tuc.org.uk/extras/disabilityandwork.pdf>

## Management of Attendance & Rehabilitation

- Managing sickness absence and return to work: An employers and managers guide  
<http://www.hse.gov.uk/pubns/books/hsg249.htm>
- Working together to prevent sickness absence becoming job loss: Practical advice for safety and other trade union representatives  
<http://www.hse.gov.uk/pubns/web02.pdf>
- BOHRF Manager support for return to work following long-term sickness absence  
<http://www.bohrf.org.uk/projects/rehabilitation.html>
- Fit Note [www.dwp.gov.uk/fitnote](http://www.dwp.gov.uk/fitnote)
- Help for disabled people - Access to Work scheme / Workstep:  
<http://www.direct.gov.uk/en/DisabledPeople/Employmentsupport/WorkSchemesAndProgrammes/index.htm>
- HSE Research Paper – Defining a case for work related stress:  
<http://www.hse.gov.uk/research/rrhtm/rr449.htm>
- HSE Absence Management Toolkit  
<http://www.hse.gov.uk/sicknessabsence/index.htm>
- IOSH A Healthy Return – good practice guide for rehabilitating people back to work  
[www.iosh.co.uk](http://www.iosh.co.uk)
- Burton, K and Waddell, G 2004 Return to Work: Concepts of rehabilitation in the occupational management of common health problems. Occupational Health at Work; 1(3): 20-24.

## Mental Health

- Management competencies for preventing and reducing stress at work
  - <http://www.hse.gov.uk/research/rrpdf/rr553.pdf>
- HSE –Management Standards
  - <http://www.hse.gov.uk/stress/standards/>  
<http://www.hse.gov.uk/stress/standards/downloads.htm>

- TUC guidance for reps on HSE Management Standards
  - <http://www.tuc.org.uk/workplace/tuc-10147-f0.cfm>
- BOHRF Workplace interventions for people with common mental health problems  
[http://www.bohrf.org.uk/downloads/cmh\\_rev.pdf](http://www.bohrf.org.uk/downloads/cmh_rev.pdf)
- SHIFT Line Managers Resource <http://www.shift.org.uk/employers/lmr>
- Time to Change Campaign Resources <http://www.time-to-change.org.uk>
- Trade Union Congress – Representing and supporting members with mental health problems at work: Guidance for trade union representatives
  - <http://www.tuc.org.uk/extras/mentalhealth.pdf>
- MIND Taking Care of Business, Mental Health at Work  
<http://www.mind.org.uk/employment>

### **Musculo Skeletal Disorders**

- Carter J T, Birrell L N 2000 Occupational health guidelines for the management of low back pain at work –principal recommendations Faculty of Occupational Medicine, London
- BOHRF Back Pain at Work <http://www.bohrf.org.uk/downloads/backleaf.pdf>
- HSE Back Pain resources and guidance; including advice for workers  
<http://www.hse.gov.uk/msd/backpain/index.htm>
- IOSH, Musculoskeletal Disorders Guidance and Information  
[http://www.iosh.co.uk/information\\_and\\_resources/our\\_oh\\_toolkit/musculoskeletal.aspx](http://www.iosh.co.uk/information_and_resources/our_oh_toolkit/musculoskeletal.aspx)